



EL RANCHO UNIFIED SCHOOL DISTRICT

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January 7, 2022

Dear El Rancho Family,

I hope that you are doing well and staying healthy. Tonight, the Board of Education voted to have all students and staff test for COVID-19 prior to returning to school. Testing Clinics for students are available throughout this weekend:

Student Clinics Date & Times: Saturday, January 8, 2022 9:00 a.m. to 5:00 p.m.
Sunday, January 9, 2022 9:00 a.m. to 5:00 p.m.

Also, the Board of Education voted to have all students and staff wear medical grade masks while on campus. The district will provide all students and staff with medical grade masks. Cloth masks cannot be worn as an alternative. However, a cloth mask can be worn over a medical grade mask.

In addition, the Board of Education has voted to move the student start of school date to **Wednesday, January 12, 2022**. This will allow for students and staff to all be tested. We would like to provide the general information about returning to school and is based on the current guidelines from the Los Angeles County Department of Public health (LACDPH). This information can be found in detail at <http://publichealth.lacounty.gov/media/coronavirus/reopening-la.htm#isolation>

TIPS ON HOW TO STAY HEALTHY IN EL RANCHO

When to stay home:

- **Do not return to school/work if** someone in your household has tested positive for Covid-19 within the last 10 days AND you are NOT considered exempt from the Quarantine requirement after close contact with a person known to be infected with COVID-19.
- **Stay home if you have one or more of the following symptoms, regardless of your vaccination status:**
 - Fever or Chills
 - Cough
 - Shortness of breath/trouble breathing
 - Feeling tired
 - Muscle or body aches
 - Headache
 - Sore throat
 - Nausea or vomiting
 - Diarrhea
 - Stuffy or runny nose
 - New loss of taste or smell

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Business Services

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You are not required to quarantine after close contact with someone who has COVID-19, IF you are:

- Fully vaccinated and boosted OR fully vaccinated but not yet booster-eligible and you have no symptoms of illness related to COVID-19.

When to return to school after a close contact is infected with COVID-19: Unless you are exempt, you must quarantine (stay home and away from others). You can end quarantine AFTER Day 5 of your last known contact to a person infected with COVID-19 IF you have no symptoms AND you have a negative diagnostic test that was collected on Day 5 or later.

- If you do not test, you can end quarantine on Day 10 as long as you do not have symptoms.
- If you live with or care for a person with COVID-19 and cannot avoid close contact with them while they are still in isolation you must quarantine. To calculate the end of your quarantine, use the day after the infected person ends isolation as your Day 1.

What if I have COVID-19: If you have tested positive for COVID-19 or have been diagnosed with COVID-19, you must stay home:

- for at least 5 days have passed since your symptoms first started and
- until you have a negative viral COVID-19 test collected on day 5 or later and
- until you have not had a fever for at least 24 hours and
- until your symptoms are improving

-OR-

You must stay home:

- for at least 10 days have passed since your symptoms first started and
- or until you have not had a fever for at least 24 hours and
- or until your symptoms are improving

Note: Day 0 is your first day of symptoms. Day 1 is the first full day after your symptoms developed. (Please read full isolation order on <http://ph.lacounty.gov/covidisolation>)

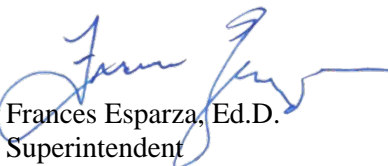
When to wear a mask:

All students and staff (except those with known contraindications to wearing masks, in which alternatives would be determined individually) are required to wear surgical masks while indoors on campus, masks should ALSO be worn outdoors when adequate physical distancing is not possible. Masks may be removed for eating or drinking.

Mask should fit over the chin and nose and have a nose wire to fit. Masks with valves are NOT permitted.

See more information @ <http://publichealth.lacounty.gov/acd/ncorona2019/masks/>

We ask that you provide your child with the opportunity to participate in the district's COVID-19 Testing at El Rancho High School throughout this weekend. Thank you for your continued support throughout these critical times. Please stay safe, stay healthy and let's continue to be El Rancho STRONG!



Frances Esparza, Ed.D.
Superintendent